QLD | Sylvia McAra PhD presents; Evidence Updates - Clinical Peripheral Vascular Screening and Assessment

This valuable seminar will update podiatrists in their awareness, knowledge and practice concerning peripheral vascular disease and its assessment and management. Those with existing skills in this area will have their practical knowledge and clinical acumen extended by the presentation and evidence from recent peer-reviewed publications.

**Points of Discussion:**

* Standardisation of peripheral vascular assessment, improving health outcomes, particularly for those at high risk of vascular disease and its complications
* Guidance for clinical practice in cases of impaired vascular supply in assessment of healing potential in the lower limb
* Guidance for clinical practice in cases of lower limb oedema, in assessment and management for compression therapy
* An update on the ankle-brachial index (ABI) from a recent clinically focused literature review
* When to use absolute toe pressures versus toe-brachial indexes (TBIs)
* Doppler interpretation – indicators of vessel health from waveform analysis
* Sharpening cardiovascular risk assessment by identifying peripheral arterial disease (a significant but usually asymptomatic and modifiable risk factor) with implications for primary and secondary disease management
* Advice on how to appropriately use benefit schedule rebates for GPs and podiatrists for relevant items of peripheral vascular assessment services and for private health fund rebates.

**Presenter: Sylvia McAra PhD. Podiatrist, Researcher, Clinician and Educator**

During her time as a clinical educator at Charles Sturt University, Sylvia completed her doctoral project in 2015. The project involved testing the effect of a peripheral vasodilator, glyceryl trinitrate, for its effect on sub-normal TBIs. Sylvia's current activities include private podiatric practice in Wodonga, Victoria, in a large multidisciplinary GP clinic, and membership of the Transition Care Program at Albury Wodonga Health.

Sylvia has co-authored several journal articles, has current experience in education for GPs and nursing and allied health groups, and she is initiating research on the outcomes of educational intervention in this area.

**When:**Thursday, 5 September 2019

**Time:**6:00pm arrival for 6:30pm start until 9:00/9:30pm (3 hours CPD)

**Where:**Chermside Community Health Centre. 490 Hamilton Road *(behind The Prince Charles Hospital).*

**Location Map:** [Open Here](https://www.healthdirect.gov.au/australian-health-services/20146181/chermside-community-health-centre-podiatry/services/chermside-4032-hamilton)