



**Sylvia McAra PhD  
Podiatrist**

**General podiatry, and  
consultancy in vascular  
assessment and wound care**

**Bookings essential –  
for appointments and fee  
information, contact  
Central Medical Clinic  
224-226 Beechworth Rd  
Wodonga  
phone 02 60243233**

**Or book online at**

<https://www.facebook.com/>



**Podiatry**

**Circulation testing**



**A podiatry service is available at  
Central Medical Clinic, Wodonga.**

**Dr Sylvia McAra,  
podiatrist with a special interest  
in foot circulation, provides  
diagnosis and management of  
problems with feet,  
ankles and legs.**

**Why circulation tests?**

***For life and limb!***

Signals from arteries in the feet and toes can uncover otherwise hidden risks for heart attack and stroke, and can help with wound assessment and care.

Assessments of foot circulation are recommended by international guidelines to check for blood vessel disease such as hardening of the arteries. This is a common problem, more likely to occur with age, high blood pressure, cholesterol, smoking and diabetes. There are often no symptoms. Risks can be reduced with management.

**What tests?**

Handheld Doppler and toe pressure tests can be done in the clinic, and are part of a thorough and valid screening for foot circulation and artery disease.

**Costs?**

**Fees are payable for these tests and may be fully or partly funded by DVA, private health funds and Medicare rebates.**



**There are gap payments which are outlined on a fee schedule that accompanies this brochure.**